



# EVENTS ORGANIZED BY THE OTTAWA ASIAN HERITAGE MONTH SOCIETY (OAHMS)

LAC: Library and Archives Canada (395 Wellington St.) OPL: Ottawa Public Library Main Branch

### Ottawa Asian Heritage Month Society: Media Conference and Reception

### April 14 (Thursday) ● 11:00am-1:00pm Château Cartier Conference Resort INVITATION ONLY

The Ottawa Asian Heritage Month Society invites members of the media, sponsors, partners, community leaders, embassies and government representatives to a reception leading up to the 10th annual Asian Heritage Month (AHM). Guests will learn about past and upcoming AHM activities and enjoy a delectable lunch courtesy of the Château Cartier.

Welcoming remarks will be given by Senator Vivienne Poy and others. *Presented by: the OAHMS and sponsored by Château Cartier Conference Resort.* 



### Health Benefits of Rice, Barley, Soybean and Flax Seed

May 19 (Thursday) ● 7:30 pm Canadian Museum of Nature Theatre (240 McLeod St.) ● Free Admission (Registration required)

Are you interested in improving your health, managing your body weight, lowering your blood pressure, and reducing the risks of cancer? If so, come and attend this panel discussion by three renowned scientists. Get the facts on the phenolic compounds found in grains and their health benefits. Find out why brown rice is better than white rice and why black rice is becoming known as a "super food". The panelists are **Dr. Elsayed Abdelaal** (Guelph Food Research Centre, Agriculture and Agri-Food Canada), **Dr. Chaowu Xiao** (Nutritional Research Division, Health Canada), and **Dr. Nam Fong Han** (formerly Research Officer, NRC and now President & CEO, Natunola Health Inc.).

Presentation is followed by tour of the *Arctic Kaleidoscope* exhibition, of over 80 photographs that reveal the true beauty of the north, by **Michelle Valberg**, who will be in attendance. *Presented by: the* OAHMS *and CMN. Information & Registration: 613 566-4791* 



### 9th Gala Concert

June 3 ● (Friday) 7:30 pm ● Tickets: \$25 Canadian Museum of Civilization (CMC) ● Theatre (100 Laurier St., Gatineau)

<u>Tickets at</u>: CMC, Ottawa Festivals (47 William St.) East Wind (802 Bank St./361 Richmond Rd.), The Leading Note (cash only, 370 Elgin St.) and through 9th.gala.concert@gmail.com

East meets west in a cultural fusion of the traditional and the contemporary featuring over 40 exceptional performers from across the pan-Asian spectrum. They will include Torontointernationally-trained, choreographer Hari Krishnan directing the progressive inDANCe troupe known for their bold, risky and adventurous moves; young cello virtuoso **Stanley Leong**, a multiple top prizewinner at the Canadian Music Competition; popular young Filipino singers Jhune Leonardo and Mic Lomocso; the stirring Kolintang Ensemble and Indonesian dancers; a Montreal -based string quartet featuring Taiwanese violinist/pianist music director Dr. Judy Hung, Taiwanese - Canadian award-winning violist/ violinist Lambert Chen, Scottish-Canadian violinist **Donnie Deacon**, and Canadian cellist **Timothy McCoy**, both with the NAC Orchestra. Presented by: the OAHMS and CMC

#### **Dance Workshop**

June 4 (Saturday) ● 2:00 – 4:00 pm OPL ● Auditorium ● Free Admission

Dance workshop given by leading dancer/choreographers **Eko Nurcahyo** and **Hari Krishnan**. Award-winning **Eko Nurcahyo** is a graduate of the Indonesia Institute of Performing Arts and has performed across Europe and Asia. **Hari Krishnan** is the director of **inDANCe** troupe (to be confirmed).

Registration required. Contact:

mwu@rogers.com. Presented by: the OAHMS



# **EVENTS BY OTHER ORGANIZATIONS**

### **Workshop & Forum: Leaders of Tomorrow**

May 1 (Sunday) • 2:00 - 5:30 pm LAC • Room A • Free Admission

A combined workshop and forum for Asian youth aged 15 – 30 to learn about and share different cultures and experiences. The objective is to create an active network for Asian youth who will be the leaders of tomorrow. Young leaders will speak about communications, leadership, public speaking, sports, arts and culture, community service, entrepreneurship, employment and career development. *Presented by: Filipino-Canadian Leaders for Leaders Foundation.* 

### "The Art of Brushes" Painting & Calligraphy Exhibition

May 1 - 8 • Noon - 6:30 pm Air Flow Art Gallery (838 Somerset St. W) Free Admission

One of this year's major exhibitions in Ottawa. Artists from Japan, Toronto, London and Ottawa exhibit their classical and modern paintings and calligraphy, and give demonstrations and workshops. Presented by: Chinese Canadian Arts Council.

### Presentation: Japan, Survival by Genius

May 2 (Monday) • 7:00 − 9:00 pm LAC • Room A • Free Admission

**Sam Toma,** M. Arch. explains how Japan has managed to survive many adverse conditions from its earliest days, to become the advanced and influential nation it is today and will be in the future. *Presented by: Zenteriors. Information:* samtca@hotmail.com

### Ottawa Police Service: AHM Banner Unfurling & Reception

May 3 (Tuesday) ● 4:00 - 5:30 pm Ottawa Police Headquarters (474 Elgin St.) Free Admission ● Light Refreshments

Join the Ottawa Police and community representatives as they unfurl a banner to mark the commencement of Asian Heritage Month. Enjoy cultural performances, welcome speeches and sample light refreshments as we celebrate Ottawa's diversity and positive police community relations. *Information:* 613-236-1222, ext. 5011 or CoburnZ@ottawapolice.ca



### **Ikebana Demonstration: Joy of Japanese Art of Flower Arrangement**

May 6 (Friday) ● 7:00 - 9:00 pm LAC ● Room A ● Free Admission

Tsunakawa, an experienced Ikebana artist and teacher, demonstrates the basic as well as advanced techniques to create different forms of Ikebana flower arrangements. The audience learns about the history of Ikebana and sees Yumiko's unique and creative approach to this distinct art form. Presented Sakura by: Studio. Information:tsunaca@yahoo.ca

Film Screening: TORA and From a Silk Cocoon

May 10 (Tuesday) ● 7:30 – 9:00 pm LAC ● Auditorium ● Free Admission

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**TORA**: A woman inherits a lakefront property in the BC interior. Dilapidated log buildings hidden in the bush and unsettling visions of a ghostly 8 year old Japanese girl hints there's more to her inherited land than she's been told. Jenna experiences loss, hope and forgiveness when she learns that her new property was once a WWII Japanese Internment camp. Starring environmentalist **David Suzuki** in his first acting role. (30 mins.) www.torathemovie.com

From a Silk Cocoon – A Documentary Film: Woven through their censored letters, diary entries, and haiku poetry, is the true story of a young Japanese American couple whose shattered dreams and forsaken loyalties lead them to renounce their American citizenship while held in separate prison camps during WWII. They struggle to prove their innocence and fight deportation during a time of wartime hysteria and racial profiling (57 mins.) www.fromasilkcocoon.com Presented by: Ottawa Japanese Community Association.

### Slide Show/Photo Display: "Focus on China 2010"

May 12 (Thursday) ● 6:30 – 8:30 pm OPL ● Auditorium ● Free Admission Light Refreshments

Focus on China 2010 tour members display their fascinating images captured during their recent trip. These expert photographers from Ottawa's RA Photo Club, visited World Expo 2010 i n Shanghai, 10 world heritage sites and 10 cities and towns including: Beijing, Shanghai, Macau and Hong Kong. Come and be transfixed by beautiful scenery, wonderful treasures of art, and evocative images of daily urban and rural life of the Chinese people, including ethnic minorities in Yunnan. Presented by: Focus on China 2010 tour members. Information: 613-276-6203 or marykolee@gmail.com



### **Urban, Regional & Rural Planning in China**

May 12 (Thursday) 7:30 - 9:30 pm LAC • Room A • Free for CCFS-O members, \$5 for non-members.

**Dr. Derek Ireland** will speak about his recent work in China in urban, regional and rural planning. Refreshments will follow the presentation and Q's & A's.

Presented by the Canada-China Friendship Society of Ottawa. Information: www.fccfa.ca/ Ottawa



#### **Jazz with the Peter Hum Quartet**

May 14 (Saturday) • 7:30 − 10:30 pm Café Paradiso (199 Bank St.) • \$10 Cover

Join Ottawa jazz pianist **Peter Hum** as his quartet performs original music from his debut CD *A Boy's Journey*. Inspired by his late father's journey from Ottawa (his place of birth), to China (his ancestral home) and return ten years later. Katie Malloch, host of CBC's *Tonic* jazz program, says, "*A Boy's Journey* is a voyage for the listener, too." *Reservations recommended:* 613-565-0657 *Presented by: Café Paradiso* 

### **3rd Annual Ottawa Asian Hockey Classic**

### May 13 - 15 ● Carleton University Ice House ● Free for Spectators

Friday (6:00 pm - 11:00 pm); Saturday (7:30 am - 11:00 pm); Sunday (8 am- 4 pm). Tournament open to players of Asian descent and involves 14 teams (4 women's, 8 men's and 2 children's). The tournament includes a friendly and fun skills competition, with the fastest shot being measured by the Ottawa Service and Police their radar Registration deadline is April 20. Organized by Naomi Katsumi, Tournament Convener. Information & Registration: info@asianhockey.ca orwww.asianhockey.ca.



### **Youth Achievement Awards Night**

May 15 (Sunday) ● 5:30 pm - midnight Tudor Hall (3750 North Bowesville Rd.) \$50 for tickets to dinner and dance.

The second annual awards gala dinner and dance honours Filipino-Canadian youth who have inspired others through their personal qualities, achievements and leadership. The awards are given for excellence in academics, arts and culture, sports, community service, and for professional and business achievements. *Presented by: Filipino-Canadian Leaders for Leaders Foundation.* 

For tickets and information contact: Nena Nera at 613-224-5105 or nmnera@gmail.com



### Taiwan Movie Night: Blue Brave: The Legend of Formosa in 1895

May 17 (Tuesday) 7:00 - 9:00 pm LAC • Auditorium • Free Admission

Blue Brave is a story of discerning bravery and heroism against all odds set in Taiwan soon after it was ceded to Japan following the Sino-Japanese War in 1894. As Japanese forces arrive to take the island, Wu Tangxing heads an army to halt the Japanese incursion. Presented by the Taipei Economic and Cultural Office in Canada. Information: 613-231-5080 ext. 237 or press-secretary@rogers.com

#### **Captives: Mellissa Fung and James Loney**

May 17 (Tuesday) ● 7:00 pm Southminster United Church (15 Aylmer Ave. at Bank) Tickets \$15/\$10 (Students/ Seniors)

Join us for two unforgettable stories of captivity and what comes next. In October 2008, **Mellissa Fung**, a reporter for CBC's The National, was leaving a refugee camp outside of Kabul, Afghanistan, when she was kidnapped by armed men. Peace activist, writer and member of Christian Peacemaker Teams, **James Loney** was kidnapped at gunpoint by Iraqi insurgents in 2005. *Presented by the Ottawa International Writers Festival.* www.writersfestival.org



### "Bamboo Groove" - Jazz Night at the Shanghai

May 18 (Wednesday) ● 7:00 – 10:00 pm Shanghai Restaurant (651 Somerset) ● \$10 Come and enjoy the smooth sounds of Ottawa's first Asian Canadian all-star jazz band performing some of the greatest jazz standards. This exciting new ensemble features vocalist Peter Liu (formerly based in New York) and well known jazz artists Peter Hum (piano), Adrian Cho (bass), and Tim Shia (drums). Call 613-233-4001 for reservations. Presented by: Shanghai Restaurant



#### **Colors and Sounds of India**

May 19 (Thursday) ● 7:30 pm OPL ● Auditorium ● Free Admission

Come and enjoy popular folk dances (Bhangra & Gidha) from the Punjab state of India and dances from other states of India. Each group performs with music and singing for 15-20 minutes, wearing colourful costumes. The evening also includes two folk dances from Rajsthan, a Punjabi folk song and a dance performance by young girls. Presented by: Sikh Community Services Ottawa and Puniabi Heriof Canada. Informataae Foundation tion: surinder\_rayat@hotmail.com or 613-228-6922

### **Indonesian Night**

May 20 (Friday) ◆ 7:00 pm - 9:00 pm LAC ◆ Auditorium ◆ \$5 Admission\*

An evening celebrating Indonesian culture and showcasing its diversity with performances by talented dancers and singers. The development of Indonesia in the face of natural disasters is also shown through films and photos. Presented by: the Indonesian Canadian Congress. \*Proceeds to victims of volcanoes and tsunamis in Indonesia.



Vietnamese Cultural Day and Photographic Exhibition: "Marion & Us"

May 22 (Sunday) ● 10:00 am – 4:00 pm Ottawa City Hall (Jean Piggott Hall) Free Admission

This day will feature folk art performances, a Vietnamese martial arts demonstration, a food fair and an intergenerational picture exhibition. Photos will depict the key role played by Ottawa's late Mayor Marion Dewar in Project 4000 to rescue Vietnamese, Cambodian and Laotian refugees in 1979. Presented by: Vietnamese Canadian Centre and Ottawa Vietnamese Canadian Cultural Organization. Information vcfottawa@gmail.com or 613-230-8282



Book Reading by Kim Thuy Film Screening: Mao's Last Dancer

May 24 • 7:00 pm

LAC • Auditorium • Free Admission

Vietnamese-Canadian author, **Kim Thuy**, winner of the 2010 Governor General Literary Prize, reads excerpts from her award-winning book **Ru** followed by the movie, **Mao's Last Dancer.** It relates the true story of dancer Li Cunxin and his extraordinary journey from poverty to international stardom. Both works depict the struggle of a difficult life in Asia, the quest for freedom and successful integration into North American life. (movie: 1hr 57mins.) Presented by: the Vietnamese Canadian Federation of Canada in collaboration with the Vietnamese Canadian Centre.

Information: culture.vcf@gmail.com http://www.maoslastdancermovie.com/ http://wordswithoutborders.org/article/from-r

### Film Screening: Beyaz Melek (The White Angel) (2007)

### May 25 (Wednesday) ● 7:00 pm OPL ● Auditorium ● Free Admission Light Refreshments

A film about the universal, ever-lasting drama of "old age" and family, as well as the brotherhood of the Turkish and the Kurdish people living in Istanbul. (Turkish with English subtitles 115 mins.) *Presented by: Canadian Turkish Heritage Foundation.* 

### Indonesian Film: Naga Bonar

### May 26 (Thursday) ● 6:30 pm OPL ● Auditorium ● Free Admission

In this comedy, popular Indonesian actor Deddy Mizwar plays Naga Bonar, a pickpocket who declares himself a general in the Freedom Forces during the chaos of the Japanese occupying forces' withdrawal in 1945. At first this is just a ruse enabling him to live a more glamorous life, but this impersonation brings out his better side, and this phony general becomes a true soldier. (In Indonesian with English subtitles – 100 mins.) Presented by the Indonesian Canadian Congress. Information: 613-863-4482 or 613-737-3288

### Film: "Journeys into Islamic China"

### May 28 (Saturday) ● 1:00 – 3:30 pm OPL ● Auditorium ● Free Admission

In addition to trading goods, religious beliefs also followed the ancient Silk Road into China. Today, more than 20 million Chinese Muslims of various ethnic groups live harmoniously among an overall population of more than a billion. This film traces the history of Islam in China while illustrating the Muslim way of life there, including prayer, religious education, and cultural activities. (52 mins.) Information: imanibrahim@rogers.com.

Presented by: Iman Ibrihim and friends.

Open House: Ottawa Chinese Community Service Centre (OCCSC)

May 28 (Saturday) • 1:00 - 5:00 pm Free Admission • (381 Kent St.) Learn about the services and programs of the OCCSC and meet their dedicated staff. Attend parenting and employment workshops. Participate in cultural activities. Light refreshment and child care will be provided. *Information:* Ling Wang, 613-235-4875 ext 136, ling.wang@occsc.org or www.occsc.org



### 4th Annual Asian Heritage Family Celebration

May 29 (Sunday) • 2:00 − 4:00 pm OPL • Auditorium • Free Admission

Come and enjoy music, dancing, singing, arts and crafts, henna and much more! Performances and activities reflect the diversity and beauty of Asia. Presented by: Library Settlement Partnership, OPL, OCCSC, and OCISO. For Information (or to volunteer or perform): karen.molina@Ottawa.ca, 613-818-7082 or flora.wu@Ottawa.ca, 613-899-3108



### Forum: Mixed Race & Intercultural Marriage

May 29 (Sunday) • 2:00 − 4:00 pm LAC • Room A • Free Admission

In multicultural Canada, there are people of Asian heritage who cross racial, cultural and even religious lines in marriage and family life, so are not part of the traditional one-culture, one-race and one-faith families. This crossover marriage/social phenomenon involves unique challenges and new definitions of what it means to be "Canadian". The presenter, **Roman Mukerjee**, has helped establish Ottawa's first Canadian Mixed Race Marriage Social Forum that meets regularly to share their respective diversities. Participants are invited to discuss the challenges and implications of mixed race and intercultural marriages.

Presented By: the Canadian Mixed Race Marriage Social Forum

**Vietnamese Community Parade** 

May 29 (Sunday) ● 1:00 – 4:00 pm Everyone is Welcome Parade starts at Gladstone Ave. & Rochester St., proceeds along Gladstone Ave. to Bronson Ave. to Somerset St. and ends with a reception at the future site of the Vietnamese Boat People Museum (Somerset St. W & Preston St.). Presented by: the Vietnamese Canadian Federation of Canada and the Vietnamese Canadian Centre. Information: 613-230-8282 or vcfottawa@gmail.com



### Author Presentation: "Canadian Valour at the Battle of Hong Kong"

May 29 (Sunday) ● 7:30 pm LAC ● Room A ● Free for HKVCA & CCFS-O members, \$5 for non members

Noted historian, **Nathan M. Greenfield, Ph.D.**, speaks about the bravery of Canadian soldiers in the Battle of Hong Kong (December 1941) and their fight for survival in Japanese Prisoner of War camps. He also brings to light the story of Victorian-born, Lt. Cdr. William Lore of the Royal Canadian Navy, then the only naval officer of Chinese descent in the Commonwealth and the first allied officer to enter the POW camps to free our soldiers on August 31, 1945. The speaker refers to his recent best-selling novel, *The Damned: The Canadians at the Battle of Hong Kong and the POW Experience 1941-45*.

Presented by: Dr. Greenfield and the Hong Kong Veterans Commemorative Association.



### "BLUE BLOOD": A READING & CONVERSATION

May 30 (Monday) • 6:00 − 7:30 pm OPL • Auditorium • Free Admission

Join **Dr. Stephen Inglis** in conversation with **Uttara Chauhan**, author of "Blue Blood", a collection of short stories on erstwhile royalty in modern India. Ms. Chauhan grew up in Saskatchewan, has lived and worked in India and has written novels and short stories. Dr. Inglis is an anthropologist and art historian who specializes in the artistic traditions of India. *Presented by: the Ottawa Public Library*. For *information contact:* 

Michael.Murphy@biblioottawalibrary.ca



## MONTH LONG ACTIVITIES

### A Photo Journey Through 100 Years of the Republic of China (Taiwan)

# May 1 - 31 ● 9:00 am - 11:00 pm daily University of Ottawa Library, 2nd floor (65 University Private)

This photographic exhibition explores Taiwan's development over the past century. Visitors to the exhibit will come away with a greater understanding of what went into making the Republic of China (Taiwan) what it is today, and why the nation's centennial is such a joyous occasion. Presented by: Taipei Economic & Cultural Office. Information: 613-231-4203 or tecoinfo@taiwan-canada.org



### **Chinatown Remixed: A Celebration of Art**

#### May 15 - June 15 • Somerset St. West

This annual exhibition by local emerging and established artists is once again on display in non-traditional spaces such as restaurants, coffee shops and hair salons. Celebration takes place on May 15 from 2 to 5 pm, with street festivities along with a mass showing involving many of the artists. Come see the magnificent new Chinatown Gate and enjoy the food, art and ambience on Somerset Street West. *Presented by: Chinatown Remixed Collective.* 

Information: www.ottawachinatown.ca or ottawa.chinatown.remixed@gmail.com



### **Chapters Rideau**

May 1 - 31 Daily ● 47 Rideau St.

#### **Asian Canadian Literature**

Come to Chapters to see a display of Asian-Canadian literature, and learn about some of the established and emerging authors who have made Canadian literature richer and more diverse. Information: www.chapters.indigo.ca/Store-Events/events\_main-art.html

### Cooking Demonstrations at Real Canadian Superstore

190 Richmond Rd. (Westboro)

### **Upstairs Cooking School**

Registration required for all events. Information & Registration: Patricia Wilson, 613-722-5890, ext. 121 or pwilson@nqco.com

Join Asian **Chef Thuy Nguyen** at her classes dedicated to the culinary delights of Asia.

#### Exotic Escape: "What's for Dinner"

May 4 (China), May 11 (Vietnam), May 18 (Japan), May 25 (Thailand)

Noon – 1:00 pm (\$10+HST and receive a \$10 rebate in the form of a PC Gift Card)

### **Good Morning Vietnam**

May 7: 2:00 - 4:00 pm (\$35+HST)

### Chinese Take-Out Teen Class 12 - 16 yrs.

May 20: 6:30 - 8:30 pm. (\$18+HST)

#### Sushi Party

May 23: 6:30 - 8:30 pm (\$40+HST)

### Go for Chinese

May 30: 6:30 - 8:30pm(\$40+HST)



### Brush Painting and Watercolour Exhibition by Rowena Tolson

#### May 1 - 31 Daily • OPL • 2nd Floor

Subjects of paintings include birds, flowers, scenery and wildlife. Rowena's works capture the beauty of nature in the Ottawa area as well as classical oriental scenes of mountains and villages.

#### **Art Demonstration and Meet the Artist**

### May 1 • 2:00 pm • OPL • Auditorium • Free Admission • Light refreshments

Meet artist, **Rowena Tolson**, as she demonstrates the art of Chinese brush painting, and enjoy some light refreshments. *Presented by: the OPL and Rowena Tolson*.

The Ottawa Asian Heritage Month Society would like to thank the following friends.

Punjabi Heritage Foundation Sikh Community Services Ottawa Wellness Leadership Group Big Sports Canada Mandarin Court



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Ottawa Train Yards Optometry Clinic 500 Terminal Ave, Unit A-12 (besides New Look Eyewear) Ottawa, ON KIG 0Z3 Tel: 613-688-5094 Ottawa Optometry

O'Connor Optometry Clinic 153 O'Connor St (inside EDC building) Ottawa, ON K2P 2L8 Tel: 613-237-7278

#### **Valerie Adams,** P.F.P. Branch Manager

Somerset & Bronson 661 Somerset Street West Ottawa, Ontario K1R 5K3

Enquiries: (613) 564-5160 Direct Line: (613) 564-5144 Fax: (613) 564-7950 valerie.adams@scotiabank.com



The Ottawa Japanese community is grateful to all those who have contributed to the relief efforts in Japan.

Domo arigato gozaimasu. Merci beaucoup.



### May is Asian Heritage Month

In December 2001, Senator Vivienne Poy's motion to proclaim May as Asian Heritage Month (AHM) was passed. In July 2004, the Ottawa Asian Heritage Month Society (OAHMS) was established to organize and coordinate local AHM activities. Throughout May, there will be dozens of events including dance, sports, music, films, exhibitions, literary readings, seminars, cooking demonstrations and much, much, more! AHM is a time for all Canadians to experience many aspects of Asian culture and to learn about the history and contributions of Asian Canadians through activities for all ages.

### **Diamond Sponsors**







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### **Supporting Embassy**



#### **AHM Partners**

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Canadian Museum of Civilization
Canadian Museum of Nature
Library & Archives Canada
Ottawa Public Library
Office of Senator Vivienne Poy

For more information on Asian Heritage Month events, visit: www.AsianHeritageMonth.net

The OAHMS will not be liable for any injuries to persons, damage to property or other mishaps which may occur at any AHM event.